# Wessex Cyclo Cross Rules 2023/24 Season

Rev.16 2023/24



1. The Committee shall consist of the –

Chairman - Peter Hargroves
Vice Chairman - Theresa Stubbs
Secretary - Keith Pitcher
Treasurer - Kerie Wallace

Media - Press Officer - vacant

Facebook - Adam Buckland, Alan Collins

Twitter - Alan Collins

League Points Secretary – Kerie Wallace

Rider Representative - Overall - Alan Collins

Under 16's - Simon Pattinson Girls/Women - vacant

Commissaire Coordinator - Ian Macdonald

Events Coordinator - Malcolm Cross

Event Logistic/Support Officer – Adam Buckland

Website Administrator – Jez Hart
BC Liaison Officer - Mark Adams
Sponsorship & Promotions Officer – vacant

who shall be elected at the Annual General Meeting. Vacant posts can be filled at any time by approval of the Committee.

- 2. A Scrutineer shall be elected at the Annual General Meeting.
- 3. The Wessex Cyclo Cross Annual General Meeting shall be held at such a time so that changes from the National Cyclo Cross Commission can be incorporated into Wessex Cyclo Cross and that the proposals for changes to Wessex Cyclo Cross can be considered, and if appropriate agreed upon, so that the next seasons fixture process can be commenced in time for the calendar deadline of the first week in May.
- 4. Each Affiliated Club is permitted two voting members and each Individual Affiliated Member is permitted one vote at the Annual General Meeting. (The League Officers can only vote as members of their Affiliated Club or as Individually Affiliated Members)
- 5. Wessex Affiliation fees are -

Clubs and Teams - £40.00 per Season Individuals - £20.00 per Season

Affiliation fees are applicable for Junior's, Under 23's, Senior's and Veteran's.

Youths and Under 12's will automatically be members of the Wessex League.

6. Wessex Race Levies -

Under 12's -£0.80 per raceYouth -£0.80 per raceJuniors, Under 23's, Senior's and Veterans -£1.00 per race

BC Levies will be added at the appropriate rates.

- 7. The Rules of Cyclo Cross as prescribed by British Cycling will be inextricably incorporated into Wessex Cyclo Cross.
- 8. All Wessex events held between the 1<sup>st</sup> September and the end of February will count towards Wessex points.
- 9. The number of point scoring counting events for an individuals or teams score in the Wessex League will be 50% of all the counting Wessex League events plus 2 more rides (rounded up to the next whole number). Except that for Youth and Junior riders the calculation will be; Total Wessex League Events less Events Clashing with National Trophies, less a further three events.

For the 2023/2024 Season the number of counting events will be -

#### U23's, Seniors, Veterans

13 Wessex Events, including the SoE divided by 2 equals 6.5, rounded up to 7, plus 2 = 9 Counting Events

### Youth, Juniors

13 Wessex Events, including the SoE, less 2 clashing events equals 11, less a further 3 = 8 Counting Events

# Subject to final approval of Wessex Event Calendar

- 10. Upon approval of the Wessex Committee, counting events can be held outside the geographical boundaries of the Wessex Region.
- 11. Expenses for Wessex Provided Race Officials
  - a. Organisers are to pay the Commissaire £30.00 towards their expenses, acceptance rests with the Commissaire. This will be paid on the day of the event.
  - b. The Wessex League is to pay the Commissaire £10.00 towards their expenses, per event, acceptance rests with the Commissaire. This will be paid at the end of the Season based on the Commissaire's claim to the League Treasurer.
  - c. The Wessex League is to pay the League Press Officer £40 per event, acceptance rests with the Press Officer. This will be paid at the end of the Season based on the Press Officer's claim to the League Treasurer.
- 12. Event Organisers and Timing Company, as appropriate, to forward to the:
  - a. League Points Secretary: A copy of the results within three days of their event.
  - b. Treasurer: Levy Form and Levies within 2 weeks of the event.
  - c. League Chief Commissaire Commissaire Report within fourteen days of their event. (For major events the BC Appointed Commissaire will take the Commissaire Report). Reports to be kept for 6 Years.
- 13. The Commissaire will be neutral and will be appointed by the Wessex Committee, the Commissaire has the right to alter the course to ensure that it complies with the BC Cyclo Cross Rules and that it is safe. Each event will have a minimum of 3 Commissaires.
- 14. All events will be started by the Commissaire.
- 15. A Prize Presentation/Podium for the first 5 finishers in each category will take place immediately after the race.

- 16. The Wessex League colours are Red/Yellow.
- 17. Prizes Values will be equal in value between genders with-in the same race category, both at League Events and for the Overall League Prizes. **Minimum** Prize Values for Events will be –

Seniors -	Open & Women -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £5
Veteran 40 – 49 -	Open & Women -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £5
Veteran 50+ -	Open & Women -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £5
Veteran 60+ -	Open & Women -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £5
Juniors -	Open & Women -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £5
Youth U16 -	Open & Girls -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £ 5
Youth U14 -	Open & Girls -	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£15 £10 £ 5

Under 12's / 10's / 8's - Boys & Girls - category.

Wessex Medals for first three places in each

18. Points Scoring and Prizes for the Wessex League

# Separate Senior/Under 23 Race (Open)

 $1^{st}$  = 90 points,  $2^{nd}$  = 87,  $3^{rd}$  = 85,  $4^{th}$  = 84,  $5^{th}$  = 83, .....  $86^{th}$  = 1 point, and every place after that is awarded 1 point.

Only Wessex League affiliated riders score points, therefore if the winner is a non-affiliated rider then the 90 points go to the first finishing Wessex League affiliated rider.

Any Rider riding Open only League Races will only score Open Points (no separate points will be awarded for any other categories.)

A Team prize will be given for a team of 3 riders, the three riders final points totals are added together. Riders must race under the Team name that they are affiliated to for Cyclo Cross as notified to BC.

Juniors will not be allowed to ride the Open and Under 23's Race, unless dispensation is granted by BC.

Vets can ride the Open race but will only score Open Points. (It should be noted that BC Ranking Points will not be available for Veterans riding in Open Races if there is a separate Veterans race on the race programme for the day.)

## Separate Women/Junior/Veteran 40-49 Open/Veteran 50-59 Open/Veteran 60+ Open Races

 $1^{st}$  = 90 points,  $2^{nd}$  = 87,  $3^{rd}$  = 85,  $4^{th}$  = 84,  $5^{th}$  = 83, .....  $86^{th}$  = 1 point, and every place after that is awarded 1 point.

Only Wessex League affiliated riders score points, therefore if the winner is a non-affiliated rider then the 90 points go to the first finishing Wessex League affiliated rider.

Juniors and Veterans 40+ (V40, V45, V50, V55, V60, V65, V70+ and overall Veteran) will score points according to where they finish within their respective category.

Women will score points, irrespective of which particular Woman's subcategory they are in,  $1^{st}$  = 90 points,  $2^{nd}$  = 87,  $3^{rd}$  = 85,  $4^{th}$  = 84,  $5^{th}$  = 83, .....  $86^{th}$  = 1 point, and every place after that is awarded 1 point. The sub-subcategories for the Women, Women Veteran 40 -49 and Women Veteran 50+ will be awarded in the Woman's League.

A Team prize will be given for a team of 3 riders, the three riders final points totals are added together. Riders must race under the Team name that they are affiliated to for Cyclo Cross as notified to BC. Team prizes will be awarded for Veteran 40-49 Open, Veteran 50+ Open, Veteran 60+ Open and Women (across all categories)

# **Under 12 Racing**

There is no League for the Under 12's.

End of Season Prizes will be awarded, please see below

## **Youth League**

All as the Senior Open League

Youth Riders will score points according to where they finish in their Under 14, or Under 16 category, Open and girls will be separated in each category.

A Team prize will be given for a team of 2 or 3 riders, as detailed below, the two or three riders final points totals are added together. Riders must race under the Team name that they are affiliated to for Cyclo Cross as notified to BC. Team prizes will be awarded for Under 16's and Under 14's

#### All Leagues

In the event of a tie the rider with the overall best place on count back will be awarded the higher overall finishing position in the final League Table of the Season. Count Back will be based on the 'head to head' rides of the riders concerned, so if rider 'A' has beaten rider 'B' 4 times, and rider 'B' has beaten 'rider 'A'

3 times, rider 'A' will be awarded the higher final position. In the event of a tie on count back the final position will be based on the last time the two riders raced each other.

All riders who ride and finish their respective Regional Championships will be awarded average points, based on their best three rides, this does not include any 90 points accrued for race organisation or the like, prior to the Championships (if a rider has only ridden one, or two races, it will be the average of these).

Maximum points will be awarded to -

Riders who Organise, Lap Score, Commissaire or assist in any of these positions for a maximum of three events in any one Season will score maximum points as below –

Officiate one race = 90 points, to activate them ride and finish two league events.

Officiate two races = 180 points, to activate them ride and finish in four league events.

240 points, to activate them ride and finish in six league events.

Or some other special circumstances that are agreed upon by the Committee.

Each League will recognise a 'Single Bike' category, whose rules will be -

- Must pre-register before the season starts.
- · Ride one bike during the race
- · No washing of bike during the race
- No technical assistance during the race

These rules will be self-policed – the Commissaires or other officials will not monitor compliance or adjudicate on any disputes.

One Bike category riders will be identified on the league tables.

Prizes/certificates may be awarded at the end of the season at the discretion of the committee.

This category will be run for 1 season as a trial to assess the popularity & administrative burden.

# The Wessex Leagues

Under 14 Girls

Under 14 Open

Under 16 Girls

Under 16 Open

Open (incorporating Under 23's)

Senior Women (incorporating Under 23 Women and Veteran Women)

Junior Open

Junior Women

Veteran Open 40 – 49

Veteran Open 50 – 59

Veteran Open 60+

Team Open Under 16, top three club riders to count.

Team Girls Under 16, top two club riders to count.

Team Open Under 14, top three club riders to count.

Team Girls Under 14, top two club riders to count.

Team Senior Open (incorporating Under 23's), top three club riders to count.

Team Senior Women (incorporating Under 23's and Veteran's), top three club riders to count.

Team Veteran Open 40 – 49, top three club riders to count.

Team Veteran Open 50 - 59, top three club riders to count.

Team Veteran Open 60+, top three club riders to count.

#### 19. Event Provisions -

First Aid

All events will have, as a minimum, a dedicated First Aid provision. This will be professional first aiders, with the number of First Aid Professionals in accordance with BC guidelines, which typically for Wessex events will be at least two people. These First Aid Professionals can not have any other role in the race organisation on the day.

#### Toilets

Events need to provide a minimum toilet provision –

Women - 1 dedicated WC (minimum) Open - 1 set of Urinals (minimum)

General - 3 WC's (minimum)

#### Barriers

Organisers shall be encouraged and supported to include double barriers of between 200-250mm (spaced at 4m) high in youth U14 and U16 and adult races. A single barrier of between 50-100mm shall be the aim in U12 races, with none in the U10/U8 races. These planks should be positioned in flat area some advantage can be gained by hoping the planks.

20. Gridding is a BC requirement – faster riders should be placed towards the front of the grid to allow a safe release of riders at the start.

To facilitate the Gridding process the Race Organiser must supply to the Chief Commissaire, by 10.00hrs, on the morning following the closing of on-line entries a full list of riders entered (send the signing-on sheets as downloaded from the BC portal).

- a. Gridding for Wessex Events will be in accordance with the average of the affiliated riders best three Wessex events, based on Wessex Points attained (If a rider has only ridden one or two races, it will be the average of these).
- b. Non-affiliated riders will be gridded based on their BC rankings compared with Wessex riders and placed no higher than row 2 on the grid.
- c. For the first race of the Season, Gridding will be based on last seasons' final League position.
- d. For the second race gridding will be based on a combination of the first round results and last seasons' final league position.
- e. The 90 points awarded for event promotion etc. will not be included in the gridding calculations.
- f. Gridding for U14 Open & Girls, U16 Open & Girls, Vet40-49 Open/Junior Open, Vet50-59 Open/Vet60+ Open and Women/Junior Women will be based on notional points awarded for the combined races.
- 21. For the final lap of each race a Back Marker wearing a Hi-Viz vest, will follow the last rider. No riders practicing on the course will overtake the Back Marker.
- 22. The closing day for on-line entries to Wessex League events will be midnight on the previous Monday for Saturday events, and midnight on Tuesday for Sunday events.
- 23. The Race Programme for Wessex Events will be -

 Under 8
 09.10

 Under 10
 09.30

 Under 12
 09.50

Youth 10.35 (U16 10.35, U14 10.36)

Open Vet 40 - 49 & Open Junior 11.20 Women & Junior Women 12.30

Open Vet 50 - 59 & Open Vet 60+ 13.45

Open Senior & Open U23 14.45

The above Open and Female Categories will be in accordance with British Cycling's Gender Policy, which can be read in the following link –

https://www.britishcycling.org.uk/about/article/20230526-about-bc-static-Update--Transgender-and-Non-Binary-Participation-policies-0

# Awarding of Trophies, Medals, Certificates and Prizes

Monetary values are to be determined each season depending on the finances of Wessex Cyclo Cross and any Sponsorship received.

## **Under 12 Racing**

A "Wessex League Competitors Medal" will be awarded to all boys and girls who compete in 5 or more U12 races over the season.

For riders who ride 9 or more races it will be a Gold Medal For riders who ride 5, 6, 7 or 8 races, it will be a Silver Medal

# Youth League

Youths -	U16O	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	Gold Medal Silver Meda Bronze Med	ıl +£15	G 1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	Gold Medal Silver Medal Bronze Medal	
Trophy	U140	1 <sup>st</sup>	Gold Medal	+ £20 +Trophy U14	G 1 <sup>st</sup>	Gold Medal	+ £20 +
		2 <sup>nd</sup> 3 <sup>rd</sup>	Silver Meda Bronze Med		2 <sup>nd</sup> 3 <sup>rd</sup>	Silver Medal Bronze Medal	+ £15 + £10
	U16O Team 1 <sup>st</sup> U14O Team 1 <sup>st</sup> U16G Team 1 <sup>st</sup> U14G Team 1 <sup>st</sup>		1 <sup>st</sup> 3 Silv 1 <sup>st</sup> 2 Silv	ver Medals + Trophy £ ver Medals + Trophy £ ver Medals + Trophy £ ver Medals + Trophy £	15 each 15 each		

Certificates to 20<sup>th</sup> Place & all Medal Winners

#### Women's League

```
1<sup>st</sup>
Women's -
                                     Gold Medal
                                                       +£100
                  o/a
                           2<sup>nd</sup>
                                     Silver Medal + £75
                           3<sup>rd</sup>
                                     Bronze Medal + £50
                           4<sup>th</sup>
                                     £35
                           5<sup>th</sup>
                                     £25
                           Team 1st
                                              3 Silver Medals + Trophy + £15 each
                  Vet 40+1<sup>st</sup>
                                                       + £100 + Trophy Vet 50 1st Gold Medal
                                     Gold Medal
                                                                                                                +£100+
                                                                                                                         Trophy
                           2<sup>nd</sup>
                                                                                    2<sup>nd</sup>
                                     Silver Medal + £75
                                                                                             Silver Medal + £75
                                                                                   3<sup>rd</sup>
                           3<sup>rd</sup>
                                     Bronze Medal + £50
                                                                                             Bronze Medal + £50
                  Vet 60+1st
                                     Gold Medal
                                                       + £40 + Trophy
                           2<sup>nd</sup>
                                     Silver Medal + £30
                           3<sup>rd</sup>
                                     Bronze Medal + £20
                            1<sup>st</sup>
                                                                               Sen 1<sup>st</sup>
                  U23
                                                       + £40 + Trophy
                                                                                                               + £100 + Trophy
                                     Gold Medal
                                                                                             Gold Medal
                           2<sup>nd</sup>
                                                                                   2<sup>nd</sup>
                                     Silver Medal + £30
                                                                                             Silver Medal + £75
                           3<sup>rd</sup>
                                                                                   3<sup>rd</sup>
                                     Bronze Medal + £20
                                                                                             Bronze Medal + £50
                            1<sup>st</sup> Vet 40
                                                                                   1<sup>st</sup> Vet 45
                                              Gold Medal
                                                                 +£40
                                                                                                      Gold Medal
                                                                                                                         +£40
                            1<sup>st</sup> Vet 50
                                                                                   1<sup>st</sup> Vet 55
                                              Gold Medal
                                                                 + £40
                                                                                                      Gold Medal
                                                                                                                         +£40
                            1<sup>st</sup> Vet 60
                                                                                    1<sup>st</sup> Vet 70
                                              Gold Medal
                                                                                                      Gold Medal
                                                                 + £40
                                                                                                                         +£40
```

#### Women's Junior League

```
o/a 1^{st} Gold Medal + £40 + Trophy 2^{nd} Silver Medal + £30 3^{rd} Bronze Medal + £20
```

# Open Veteran 50 - 59 League

```
1<sup>st</sup>
Overall -
                   o/a
                                      Gold Medal + £100 + Trophy
                            2<sup>nd</sup>
                                      Silver Medal + £75
                            3<sup>rd</sup>
                                      Bronze Medal + £50
                             4<sup>th</sup>
                                      £35
                             5<sup>th</sup>
                                      £25
                            Team 1<sup>st</sup>
                                                3 Silver Medals + Trophy + £15 each
                             1<sup>st</sup> Vet. 50
                                                Gold Medal
                                                                    +£40
                             1<sup>st</sup> Vet. 55
                                                Gold Medal
                                                                    +£40
```

# Open Veteran 60+ League

```
1<sup>st</sup>
Overall -
                   o/a
                                      Gold Medal
                                                         + £40 + Trophy
                            2<sup>nd</sup>
                                      Silver Medal + £30
                            3<sup>rd</sup>
                                      Bronze Medal + £20
                            Team 1<sup>st</sup>
                                                3 Silver Medals + Trophy + £15 each
                            1<sup>st</sup> Vet. 60
1<sup>st</sup> Vet. 65
                                                Gold Medal
                                                                   +£40
                                                Gold Medal
                                                                   + £40
                            1<sup>st</sup> Vet. 70
                                                Gold Medal
                                                                   + £40
```

## Open Veteran 40-49

```
1<sup>st</sup>
Overall -
                  o/a
                                      Gold Medal
                                                        £100 + Trophy
                            2<sup>nd</sup>
                                      Silver Medal £75
                            3^{rd}
                                     Bronze Medal £50
                            4<sup>th</sup>
                                     £35
                            5<sup>th</sup>
                                     £25
                            Team 1<sup>st</sup>
                                               3 Silver Medals + Trophy + £15 each
                            1<sup>st</sup> Vet. 40
                                               Gold Medal
                                                                  +£40
                            1<sup>st</sup> Vet. 45
                                               Gold Medal
                                                                  +£40
```

## **Open Junior League**

```
o/a 1<sup>st</sup> Gold Medal + £40 + Trophy
2<sup>nd</sup> Silver Medal + £30
3<sup>rd</sup> Bronze Medal + £20
```

## Open Senior & Under 23 League

```
1<sup>st</sup>
                                                                  U23 1<sup>st</sup> Gold Medal + £40 + Trophy
                   Gold Medal
                                     + £100 + Trophy
o/a
         2<sup>nd</sup>
                   Silver Medal + £75
                                                                                     Silver Medal + £30
         3<sup>rd</sup>
                                                                          3<sup>rd</sup>
                   Bronze Medal + £50
                                                                                     Bronze Medal + £20
         4<sup>th</sup>
                  £35
         5<sup>th</sup>
                  £25
         Team 1<sup>st</sup>
                            3 Silver Medals + Trophy + £15 each
```

# Single Bike Category in each League

Winner in each category may receive a nominal prize and a certificate, as decided by the Committee

U14 Girls	U14 Open	Under 16 Girls	Under 16 Open
Junior Women	Junior Open	Senior/U23 Open	All Women
Vet 40 – 49 Open	Vet 50 – 59 Open	Vet 60+ Open	

**Paul Coates Trophy** - Awarded to the rider, who in the opinion of the Wessex Committee, has made the most improvement in their Season's performance when compared to last year's performance.

**Stephen Coates Trophy** -Awarded to the rider who has ridden and finished in the most Cyclo Cross races in the Season, which must include all the Wessex Events.

Awards will be made on the basis of one award for every five riders who have completed 5 rounds.

One cash prize per rider, highest awarded, more than one medal can be won. Team prizes will be in addition.